

**Serious or life  
threatening  
conditions**

**Accident and  
Emergency (A&E)**  
dial 999

## **Lakeside Medical Centre**

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Church Road  
Perton  
Wolverhampton  
WV6 7PD

Phone: 01902 755329/742509

Fax: 01902 755224

Website:

[www.lakesidemedicalcentre-perton.nhs.uk](http://www.lakesidemedicalcentre-perton.nhs.uk)

## **Lakeside Medical Centre**

# **Feeling Unwell?**

**It doesn't have to be  
Accident & Emergency  
(A&E)**



**when it's less  
urgent than 999**

There's a range of  
free NHS services  
on your desktop

**Sore throat.  
Cough,  
Hangover,  
Grazed Knee**

**Take care of  
yourself.**

For tips visit

[www.direct.gov.uk/keepwarmwell](http://www.direct.gov.uk/keepwarmwell)

**Diarrhoea.  
Runny Nose.  
Painful  
Cough**

**Go to the Pharmacy**

**Unwell?  
Unsure?  
Confused?  
Need Help?**

**NHS 111**

**Toothache.  
Gum  
Problems**

Call your **Dentist** or the  
**Dental Assess Centre**  
01432 382 180 or **NHS 111**

**Ear Pain.  
Vomiting.  
Backache**

Call your **GP** on **01902  
755329/742509** or **NHS  
111**

**Minor  
Injuries  
Or illnesses**

**Walk-in Centre**

(7 Miles) The Phoenix Health  
Centre, Parkfields Road,  
Wolverhampton, WV4 6ED -  
0845 145 1800

(6.5 Miles) Showell Park Walk in  
Centre, 5th Avenue, Bushbury,  
WV10 9ST - 01902 446711